



COURSE PLAN

First Aid – General Public (16h)



TRAINING DETAILS

MODE OF INSTRUCTION: Online training using an interactive module on a web platform.

TIME MANAGEMENT:

Course:	14.2 hours
Lab and/or Practical Work:	1.8 hours
Personal Work:	0 hours

CREDITS: 16 hours of training

TRAINING VALID FOR A PERIOD OF: 3 years

SCHEDULE: Online course: 7 days a week, 24 hours a day

The lessons may be temporarily unavailable during your training. A note will be posted on the main page of www.academiesb.com and/or you will receive an email to this effect.

COORDINATES, AVAILABILITY AND TECHNICAL SUPPORT:

Messenger: m.me/AcademieSB
E-mail: info@academiesb.com
Phone: 1-866-691-0911

AVAILABILITY: 7 days a week, 24 hours a day

Please note that a response will be sent to you within 2 open days of receiving your message.



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1 COURSE DESCRIPTION

1.1 INTRODUCTION

In an emergency, it is the duty of every citizen to know how to react and know what to do. The lessons of this **First-aid general public** course will be adapted to your work and social environment.

This training will help ensure that everyone is safe in a safe and healthy environment.

All persons, mainly those working or wanting to work with the public, should be required to complete a general first aid course lasting 16 hours. This training includes a section on severe allergic reactions of the anaphylactic type. Each certification issued is valid for a period of 3 years.

1.2 GENERAL OBJECTIVES

This training is used, among other things, to reduce the mortality and morbidity related to cardiopulmonary arrest (CPR) by a quick and efficient intervention of the rescuer. The participant acquires the necessary skills to be able to recognize cardiovascular emergencies, have cardiopulmonary arrest, and airway obstructions in adults, children and infants. This training allows the candidate to react in these various emergency situations. The training includes a component on the use of the Automated External Defibrillator (AED).

One objective of this training is to learn how to apply the various techniques of emergency first aid according to the latest standards in force. We talk about different medical and traumatic emergencies care. Part of this training will deal with general prevention as well as infection prevention.

Finally, this training teaches you to recognize the signs and symptoms of an allergic reaction of the anaphylactic type. The candidate will be able to apply the emergency measures to be taken in cases of severe allergies of the anaphylactic type.



1.3 SPECIFIC OBJECTIVES

First Aid – General Public (16h) allows the candidate to:

- Please refer to section 2.2.

1.4 EDUCATIONAL APPROACH

Active resolution on theoretical alternative active training, reflection, concrete and active scenarios and simulation of emergency medical situation. The training also favors an inductive pedagogical approach. Each lesson begins with an exercise or scenario for a candidate in decision, management or action. This first part often raises questions which are then enlightened in the second part of training by a lesson. Theoretical notions of emergency medical management will be presented in each lesson. These lessons are inspired by realities on the ground, met by the trainers of the Saint-Bernard Academy, all health professionals. The online training sessions will be conducted as follows:

- Exposures of the elements of skills to be mastered;
- Presentation via the interactive online module of the website;
- Demonstration on manikin;
- Evaluation questionnaires confirming the mastery of different theories;
- Exercise and situation to assimilate;
- Practice at home and simultaneous theoretical contribution.

IMPORTANT:

The list of learning activities and evaluations that will be used during the training is shown in the table in section 2.1 List of contents and activities.

1.5 LEARNING METHOD

Mandatory readings: No compulsory reading is required prior to the training. Precise bibliographies and readings from additional sources will be provided to allow you to assimilate concepts related to the subject.

<https://academiesb.com/en/bibliography/>

Presentations via the interactive module of our web platform: In order to explain the subject, a series of interactive presentations have been prepared to target and understand the main concepts.



Practical exercises: Practical exercises, simulations and simulations will make it possible to apply, in specific contexts, the theoretical concepts of the course and to put you in concrete situation of analysis and strategic reasoning.

1.6 SUPPORT

Throughout your training, you can contact the Saint-Bernard Academy by e-mail, phone or Facebook Messenger. However, the preferred means of communication is e-mail (to ensure that all participants have access to the same information and avoid duplication of responses from the Academy). The Saint-Bernard Academy reads all the messages. The questions will not be processed instantly; You will receive an answer within 2 open business days.

2 CONTENT

2.1 LIST OF CONTENT

IMPORTANT: Take note that the duration of lessons can differ from one candidate to another due to the ability of the reader to integrate the various theorems and contents taught.

CPR AND CRT	
TITLE	DURATION
Module 1 – Introduction	20
Evaluation 1 – Introduction	10
Module 2 – Approach and primary examination	16
Evaluation 2 – Approach and primary examination	10
Module 3 – Chest massage	20
Evaluation 3 – Chest massage	10
Module 4 – Ventilation	15
Evaluation 4 – Ventilations	10
Module 5 – Defibrillation	11
Evaluation 5 – Defibrillation	10
Module 6 – Some special cases	7
Evaluation 6 – Some special cases	7
Module 7 – CPR Demonstration and practices	65
Module 8 – Choking relief technique	30
Evaluation 7 – Choking relief technique among adults / children	10
Evaluation 8 – Choking relief among infants	5
TOTAL LEARNING TIME	(262)
3 RECOMMENDED BREAK(S)	(45)



PREVENTION	
TITLE	DURATION
MODULE 9 – LA PRÉVENTION GÉNÉRALE	32
Evaluation 9 – General prevention	13
MODULE 10 – LA PRÉVENTION DES INFECTIONS	26
Evaluation 10 – Pathogens infection prevention	24
TOTAL LEARNING TIME	(95)
1 RECOMMENDED BREAK(S)	(15)

ANAPHYLAXIS	
TITLE	DURATION
Module 11 – Anaphylactic reactions	41
Evaluation 11 – Anaphylactic reaction	20
Module 12 – Sequence of actions (anaphylaxis)	18
Evaluation 12 – Responding to anaphylaxis	16
TOTAL LEARNING TIME	(95)
1 RECOMMENDED BREAK(S)	(15)

OXYGEN THERAPY	
TITLE	DURATION
Module 13 – Basics	40
Evaluation 13 – Oxygen therapy	19
TOTAL LEARNING TIME	(59)



FIRST AID - MEDICAL	
TITLE	DURATION
Module 14 – Medical first aid – part 1	24
Evaluation 14 – Medical first aid part 1	15
Module 15 – Medical first aid – vital emergencies	25
Evaluation 15 – Medical first aid – vital emergencies	15
Module 16 – Environmental medical first aid	14
Evaluation 16 – Environmental medical first aid	12
Module 17 – Medical first aid - Poisoning	14
Evaluation 17 – Medical first aid - poisoning	13
Module 18 – Manual movement technique	20
TOTAL LEARNING TIME	(152)
1 RECOMMENDED BREAK(S)	(15)

FIRST AID - TRAUMA	
TITLE	DURATION
Module 19 – Approach to trauma and primary examination	14
Evaluation 18 – Primary survey and approach	9
Module 20 – Traumatic first aid – part 1	24
Evaluation 19 – Traumatic first aid	9
Practice – Traumatic first aid	14
Module 21 – Traumatic first aid – musculoskeletal	24
Evaluation 20 – Musculoskeletal traumatic first aid	9
Practice – Traumatic musculoskeletal first aid	14
Module 22 – Traumatic first aid – common cases in children	19
Evaluation 21 – Traumatic first aid on children	9
Practice – Traumatic first aid on children	14
Module 23 – The START sorting method	18
TOTAL LEARNING TIME	(177)
2 RECOMMENDED BREAK(S)	(30)

2.2 DETAILED INFORMATION ON CONTENT AND ACTIVITIES

2.2.1 CPR AND CRT

2.2.1.1 *Module 1 – Introduction*

Specific objectives:

- Know the content of the training;
- Know the objectives of the training as well as the challenges related to resuscitation of a victim in cardiorespiratory arrest;
- Know the objectives of the training as well as the challenges related to the disobedience of a victim;
- Awareness of the student about the importance of CPR maneuvers;
- Explain new guidelines in cardiopulmonary resuscitation and cardiac emergency care;
- Awareness of the student about the different causes of a cardiorespiratory arrest;
- Awareness of the student about angina and cardiac arrest;
- Quickly recognize the type of victim that is being helped to provide the best possible care;
- Awareness of the student in case of stroke.

2.2.1.2 *Module 2 – Approach and primary examination*

Specific objectives:

- Learn to recognize dangers;
- Learn to intervene effectively;
- Reduce the student's stress in the event of a possible intervention;
- Learn the good techniques for checking the state of consciousness;
- Help with taking medication;
- Learn to validate the presence or absence of a so-called effective breathing among a victim;
- Learn the different techniques of turning around an unconscious victim with signs of life.

2.2.1.3 Module 3 – Chest massage

Specific objectives:

- Learn the good chest compressions techniques among adult;
- Make the student aware of the risks and precautions related to chest compressions for some victims;
- Learn the good chest compressions techniques among children;
- Learn the good chest compressions techniques among infants;
- Make the student aware of the importance of the chest compressions quality.

2.2.1.4 Module 4 – Ventilation

Specific objectives:

- Learn the good ventilations techniques among adult;
- Learn the good ventilations techniques among children;
- Learn the good ventilations techniques among infants;
- Learn to properly ventilate through mouth-to-mouth;
- Know and tame the different ventilation devices available.

2.2.1.5 Module 5 – Defibrillation

Specific objectives:

- Learn to recognize when to use a defibrillator;
- Learn the use of a defibrillator;
- Learn to recognize the risks associated with the use of a defibrillator;
- Learn the particularities of using a defibrillator in an infant.

2.2.1.6 Module 6 – Some special cases

Specific objectives:

- Make the student aware of the different possible cases;
- Reduce the stress of the student facing a possible intervention.

2.2.1.7 Module 7 – CPR Demonstration and practices

Specific objectives:

- Learn good CPR techniques in adults with AED;
- To control a complete intervention against a victim (adult) in cardiorespiratory arrest to 1 rescuer;
- Learn good CPR techniques in children with AED;
- To control a complete intervention against a victim (child) in cardiorespiratory arrest to 1 rescuer;
- Learn good CPR techniques in infants;
- To control a complete intervention against a victim (infant) in cardiorespiratory arrest to 1 rescuer.

2.2.1.8 Module 8 – Chocking relief technique

Specific objectives:

- Learn the guidelines and the good choking relief technique among adults and children, conscious or unconscious;
- Learn the guidelines as well as the good choking relief technique among multiple victims, conscious or unconscious;
- To learn the guidelines as well as the good techniques of choking relief among infants.

2.2.2 PREVENTION

2.2.2.1 *Module 9 – General Prevention*

Specific objectives:

- Learn to recognize the dangers and good habits of life adopted to prevent trauma;
- Learn the good habits of lives adopted to prevent chronic diseases;
- Learn to recognize the dangers and good habits of life adopted to prevent fires;
- Aware the candidate for the benefits of training and its reminders;
- Learn to recognize the risk factors and good habits of life adopted to prevent asthma attacks;
- Learn to recognize the risk factors and good habits of life adopted to prevent allergic reactions;
- Learn the good habits of life adopted to prevent STIs (Sexually Transmitted Infection);
- Learn good prevention techniques during first aid.

2.2.2.2 *Module 10 – Pathogens infection prevention*

Specific objectives:

- Learn the various functions of microbes;
- Learn to recognize the differences between viruses and bacteria;
- Learn to identify different types of transmissions;
- Know the different risk factors that can lead to an infection;
- Learn the different actions that can prevent infections;
- Know the different types of existing immunizations;
- Learn the procedures to follow when accidentally touching certain body fluids.

2.2.3 ANAPHYLAXIS

2.2.3.1 *Module 11 – Anaphylactic reactions*

Specific objectives:

- Learn the goals of the training;
- Know the roles of the speaker;
- Learn the definition of anaphylaxis;
- Learn to recognize the different allergens;
- Learn to recognize the different signs and symptoms of an allergic reaction;
- Learn the different physiological reactions following an allergic reaction;
- Know the effects of epinephrine;
- Learn good injection techniques for epinephrine;
- Learn the clinical intervention protocol in order to be able to inject epinephrine;
- Know the operation of auto-injectors;
- Reduce the candidate's stress in the event of a possible use of the auto-injector;
- Know the different risks related to auto-injectors.

2.2.3.2 *Module 12 – Sequence of actions (anaphylaxis)*

Specific objectives:

- To learn the good techniques of intervention in the face of a victim suffering from an allergic reaction of anaphylactic type;
- To control a complete intervention against a victim suffering from an allergic reaction of the anaphylactic type.

2.2.4 OXYGEN THERAPY

2.2.4.1 *Module 13 – Basics*

Specific objectives:

- Learn the benefits of oxygen therapy during first aid;
- Learn the conditions requiring a supplement of oxygen;
- Learn the different tools used in oxygen therapy;
- Learn the best practice of oxygen therapy.

2.2.5 MEDICAL FIRST AID

2.2.5.1 *Module 14 – Medical first aid – part 1*

Specific objectives:

- Recognize signs and symptoms of altered state of consciousness;
- Learn good intervention techniques for a victim with impaired consciousness;
- Recognize the signs and symptoms of seizures;
- Learn the right intervention techniques for a victim with seizures
- Recognize the signs and symptoms of a victim (infant or child) with febrile seizures;
- Learn good intervention techniques for a victim with febrile seizures;
- Recognize the signs and symptoms of difficulty breathing;
- Learn good intervention techniques for a victim with respiratory difficulty;
- Recognize the signs and symptoms of nosebleeds;
- Learn good intervention techniques for a victim with a nosebleed;
- Recognize the signs and symptoms of a diabetic problem;
- Learn good intervention techniques for a victim with a diabetic problem.

2.2.5.2 *Module 15 – Medical first aid – vital emergencies*

Specific objectives:

- Recognize the signs and symptoms of an opioid overdose;
- Learn the best practices to intervene with a victim suffering from an opioid overdose;
- Recognize the signs and symptoms of an angina attack as well as its complications;
- Learn the best practices to intervene with a victim suffering from angina-type retrosternal pain;
- Recognize the signs and symptoms of a stroke;
- Learn the best practices to intervene with a victim suffering from a stroke.

2.2.5.3 Module 16 – Environmental medical first aid

Specific objectives:

- Recognize the signs and symptoms of heat stroke;
- Learn good intervention techniques for a victim with heat stroke;
- Recognize the signs and symptoms of muscle cramps;
- Learn good intervention techniques for a victim with muscle cramps;
- Recognize the signs and symptoms of hypothermia;
- Learn good intervention techniques for a victim with hypothermia.

2.2.5.4 Module 17 – Medical first aid – Poisoning

Specific objectives:

- Recognize the signs and symptoms of occupational intoxication;
- Learn good intervention techniques for a victim of occupational intoxication;
- Recognize the signs and symptoms of willful intoxication;
- Learn good intervention techniques for a victim with deliberate intoxication;
- Recognize the signs and symptoms of involuntary intoxication;
- Learn good intervention techniques for a victim with involuntary poisoning.

2.2.5.5 Module 18 – Manual movement technique

Specific objectives:

- Learn the best practices to manually move a victim who is not suffering from a head or spine injury.

2.2.6 TRAUMATIC FIRST AID

2.2.6.1 Module 19 – Approach to trauma and primary survey

Specific objectives:

- Recognize the dangers of an emergency;
- Learn the theorems of cervical and spinal immobilization;
- Learn the primary assessment technique of a traumatized victim;
- Learn the management of vital functions (A, B, C).



2.2.6.2 Module 20 – Traumatic first aid – part 1

Specific objectives:

- Recognize the signs and symptoms of eye injuries;
- Learn good intervention techniques for a victim with eye injuries;
- Recognize the signs and symptoms of burns;
- Learn good intervention techniques for a victim with burns;
- Recognize the signs and symptoms of shock;
- Learn the right intervention techniques for a victim with shock;
- Recognize the signs and symptoms of frostbite;
- Learn good intervention techniques for a victim with frostbite;
- Recognize the signs and symptoms of bleeding;
- Learn good intervention techniques for a victim with bleeding.

2.2.6.3 Module 20 – Traumatic first aid – musculoskeletal

Specific objectives:

- Recognize the signs and symptoms of trauma to the extremities;
- Learn good intervention techniques for a victim with trauma to the extremities;
- Recognize the signs and symptoms of a complex wound;
- Learn good intervention techniques for a victim with complex wounds;
- Recognize signs and symptoms of trauma to the head and spine;
- Learn good intervention techniques for a victim with trauma to the head and spine.

2.2.6.4 Module 21 – Traumatic first aid – common cases in children

Specific objectives:

- Recognize the signs and symptoms of an ear injury;
- Learn good intervention techniques for a victim with ear injuries;
- Recognize the signs and symptoms of a baby with shaken baby syndrome;
- Learn the right intervention techniques for a baby with shaken baby syndrome;
- Recognize the signs and symptoms of a bite;
- Learn good intervention techniques for a victim with bites;
- Recognize the signs and symptoms of a splinter;
- Learn good intervention techniques for a victim with splinters;
- Recognize the signs and symptoms of a bite;



- Learn good intervention techniques for a bitten victim;
- Recognize the signs and symptoms of strangulation;
- Learn the right intervention techniques for a strangulated victim
- Recognize the signs and symptoms of drowning;
- To learn the good techniques of intervention in front of a drowned victim.

2.2.6.5 Module 22 – The START sorting method

Specific objectives:

- Learn the basics of the START sorting method;
- Learn the best practices in dealing in scene involving several victims at once.

3 Quizzes and Practices

3.1 LIST OF QUIZZES AND PRACTICES

CPR AND CRT		
Title	Work Mode	Mandatory?
Evaluation 1 – Introduction	Online and autonomous	yes
Evaluation 2 – Approach and primary examination	Online and autonomous	yes
Evaluation 3 – Chest massage	Online and autonomous	yes
Evaluation 4 – Ventilations	Online and autonomous	yes
Evaluation 5 – Defibrillation	Online and autonomous	yes
Evaluation 6 – Some special cases	Online and autonomous	yes
Demonstrations and practices with 1 first-aid attendant	Online and autonomous	yes
Evaluation 7 – Choking relief technique among adults / children	Online and autonomous	yes
Evaluation 8 – Choking relief among infants	Online and autonomous	yes

PREVENTION

TITRE	Work Mode	Mandatory?
Evaluation 9 – General prevention	Online and autonomous	yes
Evaluation 10 – Pathogens infection prevention	Online and autonomous	yes

ANAPHYLAXIS

Title	Work Mode	Mandatory?
Evaluation 11 – Anaphylactic reaction	Online and autonomous	yes
Practice – Anaphylaxis sequence of actions	Online and autonomous	yes
Evaluation 12 – Responding to anaphylaxis	Online and autonomous	yes

MEDICAL FIRST AID

Title	Work Mode	Mandatory?
Evaluation 13 – Medical first aid part 1	Online and autonomous	yes
Evaluation 14 – Medical first aid – vital emergencies	Online and autonomous	yes
Evaluation 15 – Environmental medical first aid	Online and autonomous	yes
Evaluation 16 – Medical first aid - poisoning	Online and autonomous	yes

PREMIERS SECOURS TRAUMATIQUES

Title	MODE DE TRAVAIL	Mandatory?
Evaluation 17 – Primary survey and approach	Online and autonomous	yes
Evaluation 18 – Traumatic first aid	Online and autonomous	yes
Practice – Traumatic first aid	Online and autonomous	yes
Evaluation 19 – Musculoskeletal traumatic first aid	Online and autonomous	yes
Practice – Traumatic musculoskeletal first aid	Online and autonomous	yes
Evaluation 20 – Traumatic first aid on children	Online and autonomous	yes
Practice – Traumatic first aid on children	Online and autonomous	yes

3.2 DETAILED INFORMATION ON SUMMATIVE EVALUATIONS

3.2.1 CPR AND CRT

3.2.1.1 *Evaluation 1 – Introduction*

Number of attempts:	You have a maximum of 10 chances
Mode de travail:	Online and autonomous
Mandatory?:	yes
Evaluation time limit:	1 hour
Guidelines:	You will be assessed using a multiple choice exam. The questionnaire will confirm that the candidate masters the theories present in the introduction section.
Passing mark :	80%

3.2.1.2 *Evaluation 2 – Approach and primary examination*

Number of attempts:	You have a maximum of 10 chances
Mode de travail:	Online and autonomous
Mandatory?:	yes
Evaluation time limit:	1 hour
Guidelines:	You will be assessed using a multiple-choice exam. The questionnaire will confirm that the candidate masters the theories present in the introduction section.
Passing mark :	80%



3.2.1.3 Evaluation 3 – Chest massage

Number of attempts:	You have a maximum of 10 chances
Mode de travail:	Online and autonomous
Mandatory?:	yes
Evaluation time limit:	1 hour
Guidelines:	You will be assessed using a multiple choice exam. The questionnaire will confirm that the candidate masters the theories present in the introduction section.
Passing mark :	80%

3.2.1.4 Evaluation 4 – Ventilations

Number of attempts:	You have a maximum of 10 chances
Mode de travail:	Online and autonomous
Mandatory?:	yes
Evaluation time limit:	1 hour
Guidelines:	You will be assessed using a multiple choice exam. The questionnaire will confirm that the candidate masters the theories present in the introduction section.
Passing mark :	80%

3.2.1.5 Evaluation 5 – Defibrillation

Number of attempts:	You have a maximum of 10 chances
Mode de travail:	Online and autonomous
Mandatory?:	yes
Evaluation time limit:	1 hour



Guidelines: You will be assessed using a multiple choice exam. The questionnaire will confirm that the candidate masters the theories present in the introduction section.

Passing mark : 80%

3.2.1.6 Evaluation 6 – Some special cases

Number of attempts: You have a maximum of 10 chances

Mode de travail: Online and autonomous

Mandatory?: yes

Evaluation time limit: 1 hour

Guidelines: You will be assessed using a multiple choice exam. The questionnaire will confirm that the candidate masters the theories present in the introduction section.

Passing mark : 80%

3.2.1.7 Demonstrations and practices with 1 first-aid attendant

Deadline: You have a maximum of 10 weeks to complete this practice

Mode de travail: Online and autonomous

Mandatory?: yes

Time limit: You can take as much as time as needed to build the necessary reflexes. A minimum of 15 mins is required for the completion of the practice.

Passing mark: N/A

3.2.1.8 Evaluation 7 – Choking relief technique among adults / children

Number of attempts: You have a maximum of 10 chances

Mode de travail: Online and autonomous

Mandatory?: yes



Evaluation time limit: 1 hour

Guidelines: You will be assessed using a multiple choice exam. The questionnaire will confirm that the candidate masters the theories present in the introduction section.

Passing mark : 80%

3.2.1.9 Evaluation 8 – Choking relief among infants

Number of attempts: You have a maximum of 10 chances

Mode de travail: Online and autonomous

Mandatory?: yes

Evaluation time limit: 1 hour

Guidelines: You will be assessed using a multiple choice exam. The questionnaire will confirm that the candidate masters the theories present in the introduction section.

Passing mark : 80%

3.2.2 PREVENTION

3.2.2.1 Evaluation 9 – General prevention

Number of attempts: You have a maximum of 10 chances

Mode de travail: Online and autonomous

Mandatory?: yes

Evaluation time limit: 1 hour

Guidelines: You will be assessed using a multiple choice exam. The questionnaire will confirm that the candidate masters the theories present in the introduction section.

Passing mark : 80%



3.2.2.2 *Evaluation 10 – Pathogens infection prevention*

Number of attempts:	You have a maximum of 10 chances
Mode de travail:	Online and autonomous
Mandatory?:	yes
Evaluation time limit:	1 hour
Guidelines:	You will be assessed using a multiple choice exam. The questionnaire will confirm that the candidate masters the theories present in the introduction section.
Passing mark :	80%

3.2.3 ANAPHYLAXIS

3.2.3.1 *Evaluation 11 – Anaphylactic reaction*

Number of attempts:	You have a maximum of 10 chances
Mode de travail:	Online and autonomous
Mandatory?:	yes
Evaluation time limit:	1 hour
Guidelines:	You will be assessed using a multiple choice exam. The questionnaire will confirm that the candidate masters the theories present in the introduction section.
Passing mark :	80%

3.2.3.2 *Practice – Anaphylaxis sequence of actions*

Deadline:	You have a maximum of 10 weeks to complete this practice
Mode de travail:	Online and autonomous
Mandatory?:	yes



Time limit:	You can take as much as time as needed to build the necessary reflexes. A minimum of 15 mins is required for the completion of the practice.
Passing mark:	N/A

3.2.3.3 *Evaluation 12 – Responding to anaphylaxis*

Number of attempts:	You have a maximum of 10 chances
Mode de travail:	Online and autonomous
Mandatory?:	yes
Evaluation time limit:	1 hour
Guidelines:	You will be assessed using a multiple choice exam. The questionnaire will confirm that the candidate masters the theories present in the introduction section.
Passing mark :	80%

3.2.4 OXYGEN THERAPY

3.2.4.1 *Evaluation – Oxygen therapy*

Number of attempts:	You have a maximum of 10 chances
Mode de travail:	Online and autonomous
Mandatory?:	yes
Evaluation time limit:	1 hour
Guidelines:	You will be assessed using a multiple choice exam. The questionnaire will confirm that the candidate masters the theories present in the introduction section.
Passing mark :	80%



3.2.5 MEDICAL FIRST AID

3.2.5.1 *Evaluation 13 – Medical first aid part 1*

Number of attempts:	You have a maximum of 10 chances
Mode de travail:	Online and autonomous
Mandatory?:	yes
Evaluation time limit:	1 hour
Guidelines:	You will be assessed using a multiple choice exam. The questionnaire will confirm that the candidate masters the theories present in the introduction section.
Passing mark :	80%

3.2.5.2 *Evaluation 14 – Medical first aid – vital emergencies*

Number of attempts:	You have a maximum of 10 chances
Mode de travail:	Online and autonomous
Mandatory?:	yes
Evaluation time limit:	1 hour
Guidelines:	You will be assessed using a multiple choice exam. The questionnaire will confirm that the candidate masters the theories present in the introduction section.
Passing mark :	80%

3.2.5.3 *Evaluation 15 – Environmental medical first aid*

Number of attempts:	You have a maximum of 10 chances
Mode de travail:	Online and autonomous
Mandatory?:	yes
Evaluation time limit:	1 hour



Guidelines: You will be assessed using a multiple choice exam. The questionnaire will confirm that the candidate masters the theories present in the introduction section.

Passing mark : 80%

3.2.5.4 Evaluation 16 – Medical first aid – poisoning

Number of attempts: You have a maximum of 10 chances

Mode de travail: Online and autonomous

Mandatory?: yes

Evaluation time limit: 1 hour

Guidelines: You will be assessed using a multiple choice exam. The questionnaire will confirm that the candidate masters the theories present in the introduction section.

Passing mark : 80%

3.2.6 TRAUMATIC FIRST AID

3.2.6.1 Evaluation 17 – Primary survey and approach

Number of attempts: You have a maximum of 10 chances

Mode de travail: Online and autonomous

Mandatory?: yes

Evaluation time limit: 1 hour

Guidelines: You will be assessed using a multiple choice exam. The questionnaire will confirm that the candidate masters the theories present in the introduction section.

Passing mark : 80%

3.2.6.2 Evaluation 18 – Traumatic first aid

Number of attempts: You have a maximum of 10 chances



Mode de travail:	Online and autonomous
Mandatory?:	yes
Evaluation time limit:	1 hour
Guidelines:	You will be assessed using a multiple choice exam. The questionnaire will confirm that the candidate masters the theories present in the introduction section.
Passing mark :	80%

3.2.6.3 Practice – Traumatic first aid

Deadline:	You have a maximum of 10 weeks to complete this practice
Mode de travail:	Online and autonomous
Mandatory?:	yes
Time limit:	You can take as much as time as needed to build the necessary reflexes. A minimum of 15 mins is required for the completion of the practice.
Passing mark:	N/A

3.2.6.4 Evaluation 19 – Musculoskeletal traumatic first aid

Number of attempts:	You have a maximum of 10 chances
Mode de travail:	Online and autonomous
Mandatory?:	yes
Evaluation time limit:	1 hour
Guidelines:	You will be assessed using a multiple choice exam. The questionnaire will confirm that the candidate masters the theories present in the introduction section.
Passing mark :	80%



3.2.6.5 *Practice – Traumatic musculoskeletal first aid*

Deadline:	You have a maximum of 10 weeks to complete this practice
Mode de travail:	Online and autonomous
Mandatory?:	yes
Time limit:	You can take as much as time as needed to build the necessary reflexes. A minimum of 15 mins is required for the completion of the practice.
Passing mark:	N/A

3.2.6.6 *Evaluation 20 – Traumatic first aid on children*

Number of attempts:	You have a maximum of 10 chances
Mode de travail:	Online and autonomous
Mandatory?:	yes
Evaluation time limit:	1 hour
Guidelines:	You will be assessed using a multiple choice exam. The questionnaire will confirm that the candidate masters the theories present in the introduction section.
Passing mark :	80%

3.2.6.7 *Practice – Traumatic first aid on children*

Deadline:	You have a maximum of 10 weeks to complete this practice
Mode de travail:	Online and autonomous
Mandatory?:	yes
Time limit:	You can take as much as time as needed to build the necessary reflexes. A minimum of 15 mins is required for the completion of the practice.
Passing mark:	N/A

3.3 GRADING SCALE

Grade	% MINIMUM	% MAXIMUM
A+	93	100
A	90	92.99
A-	87	89.99
B+	84	86.99
B	81	83.99
B-	78	80.99
C+	75	77.99
C	71	74.99
C-	68	70.99
D+	65	67.99
D	60	64.99
E	0	69.99

3.4 DEADLINES

Following the purchase of your training(s), you have a reasonable 10 weeks to complete your training. An inactivity of the account for more than 10 weeks results from a temporary suspension of the candidate's account. In order to reactivate your account, it is your duty to enter in communication with the Saint-Bernard Academy to reactivate your account.

3.5 STUDENTS WITH DISABILITIES, LEARNING DISABILITIES OR MENTAL DISORDERS

Applicants with disabilities can inform the Saint-Bernard Academy at the beginning of their training so that accommodation measures can be set up by the Academy, such as an extension of the deadline.



3.6 REQUIREMENTS

Applicants must have a computer compatible with the computer environment of the Saint-Bernard Academy to participate in training. Minimum software requirements for compatibility with the Saint-Bernard Academy:

Operating system:

- Windows 10 or later.

Web browser:

- Microsoft Edge;
- Google Chrome;
- Latest version of Firefox;
- Latest version of Safari.

3.7 THE SAINT-BERNARD ACADEMY EVALUATION

A summative evaluation of the training can be conducted during the training. This evaluation will be confidential and only consulted by the Saint-Bernard Academy to determine if the pedagogical formula is correct and if some adjustments are necessary before the end of your training. Following your training, the Saint-Bernard Academy can conduct an evaluation of the training to verify if the pedagogical formula was appreciated. Please note that this evaluation is confidential. On the website of the Saint-Bernard Academy, a hypertext link is available so that you can share your comments: info@academiesb.com

4 DIDACTIC MATERIAL

No teaching material is required to complete the training.

5 MEDIAGRAPHY AND ANNEX

You will find on the website of the Saint-Bernard Academy various links allowing you to deepen your knowledge in first aid:

<https://academiesb.com/en/bibliography/>