

First aid General public (16h)

CPR (CARDIO-RESPIRATORY RESUSCITATION) AND CRT (CHOKING RELIEF TECHNIQUE)

Skill Set



CARDIOPULMONARY RESUSCITATION



Adult



Child



Infant



ANGINA AND HEART PAIN



STROKE



OPIOID OVERDOSE



THE AUTOMATIC EXTERNAL DEFIBRILLATOR (AED)

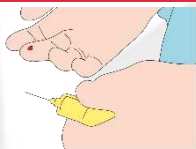
**CHOKING**

Adult

Child

Infant

TOTAL MINUTES OF TRAINING	262 minutes
3 RECOMMENDED BREAK PERIODS	45 minutes

PREVENTION**Skill Set****GENERAL PREVENTION****PATHOGENS INFECTION PREVENTION**

TOTAL MINUTES OF TRAINING	95 minutes
1 RECOMMENDED BREAK PERIOD	15 minutes

ANAPHYLAXIS**Skill Set****ANAPHYLACTIC REACTIONS**

TOTAL MINUTES OF TRAINING	95
1 RECOMMENDED BREAK PERIOD	15

OXYGEN THERAPY**Skill Set****OXYGEN THERAPY**

TOTAL MINUTES OF TRAINING	59
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MEDICAL FIRST AID

Skill Set



ALTERED STATE OF CONSCIOUSNESS



SEIZURES

FEBRILE SEIZURES



BREATHING DIFFICULTIES



NOSEBLEED



DIABETIC PROBLEMS



HEATSTROKES



MUSCULAR CRAMPS



HYPOTHERMIA



PROFESSIONAL POISONING

INVOLUNTARY POISONING

VOLUNTARY POISONING

TOTAL MINUTES OF TRAINING

152

1 RECOMMENDED BREAK PERIOD

15

TRAUMATIC FIRST AID

Skill Set



OXYGEN THERAPY



EYE TRAUMA



BURNS



SHOCK



FROSTBITES



HEMORRHAGES



LIMB TRAUMA



COMPLEX WOUNDS



HEAD AND SPINE TRAUMA



EAR TRAUMA



STINGS



SPLINTERS



BITES



STRANGULATION

DROWNING



START SORTING METHOD

TOTAL MINUTES OF TRAINING

177

2 RECOMMENDED BREAK PERIODS

30

IMPORTANT:

Please note that the time required for each course can vary depending on the individual.