

First aid General public (16h)

CPR (CARDIO-RESPIRATORY RESUSCITATION) AND CRT (CHOKING RELIEF TECHNIQUE)

Skill Set



CARDIOPULMONARY RESUSCITATION



Adult



Child



Infant



ANGINA AND HEART PAIN



STROKE



OPIOID OVERDOSE



THE AUTOMATIC EXTERNAL DEFIBRILLATOR (AED)

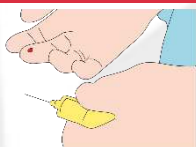
**CHOKING***Adult**Child**Infant*

TOTAL MINUTES OF TRAINING

262 minutes

3 RECOMMENDED BREAK PERIODS

45 minutes

PREVENTION**Skill Set****GENERAL PREVENTION****PATHOGENS INFECTION PREVENTION**

TOTAL MINUTES OF TRAINING

95 minutes

1 RECOMMENDED BREAK PERIOD

15 minutes

ANAPHYLAXIS**Skill Set****ANAPHYLACTIC REACTIONS**

TOTAL MINUTES OF TRAINING

95

1 RECOMMENDED BREAK PERIOD

15

OXYGEN THERAPY**Skill Set****OXYGEN THERAPY**

TOTAL MINUTES OF TRAINING

59

AUCUNE PÉRIODE DE PAUSE RECOMMANDÉE

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MEDICAL FIRST AID

Skill Set

**ALTERED STATE OF CONSCIOUSNESS****SEIZURES****FEBRILE SEIZURES****BREATHING DIFFICULTIES****NOSEBLEED****DIABETIC PROBLEMS****HEATSTROKES****MUSCULAR CRAMPS****HYPOTHERMIA****PROFESSIONAL POISONING****INVOLUNTARY POISONING****VOLUNTARY POISONING**

TOTAL MINUTES OF TRAINING

152

1 RECOMMENDED BREAK PERIOD

15

TRAUMATIC FIRST AID

Skill Set



OXYGEN THERAPY



EYE TRAUMA



BURNS



SHOCK



FROSTBITES



HEMORRHAGES



LIMB TRAUMA



COMPLEX WOUNDS



HEAD AND SPINE TRAUMA



EAR TRAUMA



STINGS

**SPLINTERS****BITES****STRANGULATION****DROWNING****START SORTING METHOD**

TOTAL MINUTES OF TRAINING

177

2 RECOMMENDED BREAK PERIODS

30

IMPORTANT:

Please note that the time required for each course can vary depending on the individual.