



LESSON PLAN

# First aid day camp



## TRAINING DETAILS

**MODE OF INSTRUCTION:** Online training using an interactive module on a web platform.

**TIME CONSECRATED:**

Course:	7.25 hours
Laboratory and/or practical work:	1.75 hours
Personal work:	0 hours

**CREDITS:** 9 hours of training

**TRAINING VALID FOR A PERIOD OF:** 3 years

**SCHEDULE:** Online course: 7 days a week, 24 hours a day

The lessons may be temporarily unavailable during your training. A note will be posted on the main page of [www.academiesb.com](http://www.academiesb.com) and/or you will receive an email to this effect.

**LINK OF TRAINING:** <https://academiesb.com/en/courses/first-aid-day-camp>

**COORDINATES, AVAILABILITY AND TECHNICAL SUPPORT:**

Messenger: [m.me/AcademieSB](https://m.me/AcademieSB)  
E-mail: [info@academiesb.com](mailto:info@academiesb.com)  
Phone: 1-866-691-0911

**AVAILABILITY:** 7 days a week, 24 hours a day

Please note that a response will be sent to you within 48 hours of receiving your message.



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# 1 COURSE DESCRIPTION

## 1.1 INTRODUCTION

In Quebec, the Ministry of the Family requires certain conditions to ensure that every child is safe in a healthy and safe environment.

Anyone working or willing to work with young children must take the 8 hours general first aid course. This training is adapted to the early childhood and includes a component concerning severe allergic reactions of anaphylactic type. Each certification issued is valid for a period of 3 years.

## 1.2 GENERAL OBJECTIVE OF THE COURSE

This training is used, among other things, to reduce the mortality and morbidity related to cardiopulmonary arrest (CPR) by a quick and efficient intervention of the rescuer. The participant acquires the necessary skills to be able to recognize cardiovascular emergencies, have cardiopulmonary arrest, and airway obstructions in adults, children and infants. This training allows the candidate to react in these various emergency situations. The training includes a component on the use of the Automated External Defibrillator (AED).

One objective of this training is to learn how to apply the various techniques of emergency first aid according to the latest standards in force. We talk about different medical and traumatic emergencies care. Part of this training will deal with general prevention as well as infection prevention.

Finally, this training teaches you to recognize the signs and symptoms of an allergic reaction of the anaphylactic type. The candidate will be able to apply the emergency measures to be taken in cases of severe allergies of the anaphylactic type.

## 1.3 SPECIFIC COURSE OBJECTIVES

The **First aid day camp** course allows candidates to :

- Referred to section 2.2 Detailed information on contents and activities.



## 1.4 EDUCATIONNAL APPROACH

Active resolution on theoretical alternative active training, reflection, concrete and active scenarios and simulation of emergency medical situation. The training also favors an inductive pedagogical approach. Each lesson begins with an exercise or scenario for a candidate in decision, management or action. This first part often raises questions which are then enlightened in the second part of training by a lesson. Theoretical notions of emergency medical management will be presented in each lesson. These lessons are inspired by realities on the ground, met by the trainers of the Saint-Bernard Academy, all health professionals. The online training sessions will be conducted as follows:

- Exposures of the elements of skills to be mastered;
- Presentation via the interactive online module of the website;
- Demonstration on manikin;
- Evaluation questionnaires confirming the mastery of different theories;
- Exercise and situation to assimilate;
- Practice at home and simultaneous theoretical contribution.

### IMPORTANT :

The list of learning activities and evaluations that will be used during the training is shown in the table in section 2.1 List of contents and activities.

## 1.5 LEARNING ACTIVITIES

Mandatory readings : No compulsory reading is required prior to the training. Precise bibliographies and readings from additional sources will be provided to allow you to assimilate concepts related to the subject.

<https://academiesb.com/en/bibliography/>

Presentations via the interactive module of our web platform: In order to explain the subject, a series of interactive presentations have been prepared to target and understand the main concepts.

Practical exercises : Practical exercises, simulations and simulations will make it possible to apply, in specific contexts, the theoretical concepts of the course and to put you in concrete situation of analysis and strategic reasoning.

## 1.6 FRAMEWORK

Throughout your training, you can contact the Saint-Bernard Academy by e-mail, phone or Facebook Messenger. However, the preferred means of communication is e-mail (to ensure that all participants have access to the same information and avoid duplication of responses from the Academy). The Saint-Bernard Academy reads all the messages. The questions will not be processed instantly; You will receive an answer within 48 hours.

# 2 CONTENTS AND ACTIVITIES

## 2.1 LIST OF CONTENTS AND ACTIVITIES

CPR (CARDIO-RESPIRATORY RESUSCITATION) AND CRT (CHOKING RELIEF TECHNIQUE)	
Title of the lesson	Duration (in min.)
MODULE 1 – INTRODUCTION	17
EVALUATION 1 – INTRODUCTION	8
MODULE 2 – APPROACH AND PRIMARY EXAMINATION	12
EVALUATION 2 – APPROACH AND PRIMARY EXAMINATION	8
MODULE 3 – CHEST MASSAGE	15
EVALUATION 3 – CHEST MASSAGE	8
MODULE 4 – VENTILATIONS	12
EVALUATION 4 – VENTILATIONS	8
MODULE 5 – DEFIBRILLATION	9
EVALUATION 5 – DEFIBRILLATION	8
MODULE 6 – SOME SPECIAL CASES	3
EVALUATION 6 – SOME SPECIAL CASES	5
MODULE 7 – DEMONSTRATIONS AND PRACTICES	60
MODULE 8 – CHOKING RELIEF TECHNIQUE	9
EVALUATION 7 – CHOKING RELIEF TECHNIQUE ADULTS/CHILDREN	8
EVALUATION 8 – CHOKING RELIEF TECHNIQUE AMONG INFANTS	5
TOTAL MINUTES OF TRAINING	(195)
3 BREAKS PERIODS RECOMMENDED	(45)

## PREVENTION

Title of the lesson	Duration (in min.)
MODULE 9 – GENERAL PREVENTION	30
EVALUATION 9 – GENERAL PREVENTION	8
MODULE 10 – PATHOGENS INFECTION PREVENTION	21
EVALUATION 10 – PATHOGENS INFECTION PREVENTION	16
TOTAL MINUTES OF TRAINING	(75)
1 BREAK PERIOD RECOMMENDED	(15)

## ANAPHYLAXIS

Title of the lesson	Duration (in min.)
MODULE 11 – ANAPHYLACTIC REACTIONS	36
EVALUATION 11 – ANAPHYLACTIC REACTION	15
MODULE 12 – ANAPHYLAXIS SEQUENCE OF ACTIONS	13
EVALUATION 12 – RESPONDING TO ANAPHYLAXIS	11
TOTAL MINUTES OF TRAINING	(75)
1 BREAK PERIOD RECOMMENDED	(15)

## MEDICAL FIRST AID

Title of the lesson	Duration (in min.)
MODULE 13 – MEDICAL FIRST AID PART 1	18
EVALUATION 13 – MEDICAL FIRST AID PART 1	10
MODULE 14 – ENVIRONMENTAL MEDICAL FIRST AID	9
EVALUATION 14 – ENVIRONMENTAL MEDICAL FIRST AID	7
MODULE 15 – MEDICAL FIRST AID POISONING	9
EVALUATION 15 – MEDICAL FIRST AID POISONING	7
TOTAL MINUTES OF TRAINING	(60)
NO BREAK PERIOD RECOMMENDED	(0)





## TRAUMATIC FIRST AID

Title of the lesson	Duration (in min.)
MODULE 16 – APPROACH TO TRAUMA AND PRIMARY SURVEY	3
MODULE 17 – TRAUMATIC FIRST AID PART 1	13
TRAUMATIC FIRST AID PART 1 PRACTICE	6
MODULE 18 – TRAUMATIC FIRST AID MUSCULOSKELETAL	9
TRAUMATIC MUSCULOSKELETAL FIRST AID PRACTICE	6
MODULE 19 – TRAUMATIC FIRST AID COMMON AMONG CHILDREN	17
TRAUMATIC FIRST AID COMMON AMONG CHILDREN PRACTICE	6
TOTAL MINUTES OF TRAINING	(60)
NO BREAK PERIOD RECOMMENDED	(0)

### IMPORTANT :

Take note that the duration of lessons can differ from one candidate to another due to the ability of the reader to integrate the various theorems and contents taught.

## 2.2 DETAILED INFORMATION ON CONTENT AND ACTIVITIES

### 2.2.1 CPR (CARDIO-RESPIRATORY RESUSCITATION) AND CRT (CHOKING RELIEF TECHNIQUE)

#### 2.2.1.1 *Module 1 – Introduction*

Specific objectives :

- Know the content of the training;
- Know the objectives of the training as well as the challenges related to resuscitation of a victim in cardiorespiratory arrest;
- Know the objectives of the training as well as the challenges related to the disobedience of a victim;
- Awareness of the student about the importance of CPR maneuvers;
- Explain new guidelines in cardiopulmonary resuscitation and cardiac emergency care;
- Awareness of the student about the different causes of a cardiorespiratory arrest;
- Quickly recognize the type of victim that is being helped to provide the best possible care.



### *2.2.1.2 Module 2 – Approach and primary examination*

Specific objectives :

- Learn to recognize dangers;
- Learn to intervene effectively;
- Reduce the student's stress in the event of a possible intervention;
- Learn the good techniques for checking the state of consciousness;
- Learn to validate the presence or absence of a so-called effective breathing among a victim;
- Learn the different techniques of turning around an unconscious victim with signs of life.

### *2.2.1.3 Module 3 – Chest massage*

Specific objectives :

- Learn the good chest compressions techniques among adult;
- Make the student aware of the risks and precautions related to chest compressions for some victims;
- Learn the good chest compressions techniques among children;
- Learn the good chest compressions techniques among infants;
- Make the student aware of the importance of the chest compressions quality.

### *2.2.1.4 Module 4 – Ventilations*

Specific objectives :

- Learn the good ventilations techniques among adult;
- Learn the good ventilations techniques among children;
- Learn the good ventilations techniques among infants;
- Learn to properly ventilate through mouth-to-mouth;
- Know and tame the different ventilation devices available.



### *2.2.1.5 Module 5 – Defibrillation*

Specific objectives :

- Learn to recognize when to use a defibrillator;
- Learn the use of a defibrillator;
- Learn to recognize the risks associated with the use of a defibrillator;
- Learn the particularities of using a defibrillator in an infant.

### *2.2.1.6 Module 6 – Some special cases*

Specific objectives :

- Make the student aware of the different possible cases;
- Reduce the stress of the student facing a possible intervention.

### *2.2.1.7 Module 7 – Demonstrations and practices*

Specific objectives :

- Learn good CPR techniques in adults with AED;
- To control a complete intervention against a victim (adult) in cardiorespiratory arrest to 1 rescuer;
- Learn good CPR techniques in children with AED;
- To control a complete intervention against a victim (child) in cardiorespiratory arrest to 1 rescuer;
- Learn good CPR techniques in infants;
- To control a complete intervention against a victim (infant) in cardiorespiratory arrest to 1 rescuer.

### *2.2.1.8 Module 8 – Choking relief technique*

Specific objectives :

- Learn the guidelines and the good choking relief technique among adults and children, conscious or unconscious;
- Learn the guidelines as well as the good choking relief technique among multiple victims, conscious or unconscious;
- To learn the guidelines as well as the good techniques of choking relief among infants.



## **2.2.2 PREVENTION**

### **2.2.2.1 Module 9 – General prevention**

Specific objectives :

- Learn to recognize the dangers and good habits of life adopted to prevent trauma;
- Learn to recognize the dangers and good habits of life adopted to prevent fires;
- Aware the candidate for the benefits of training and its reminders;
- Learn to recognize the risk factors and good habits of life adopted to prevent asthma attacks;
- Learn to recognize the risk factors and good habits of life adopted to prevent allergic reactions;
- Learn good habits adopted to prevent sudden infant death;
- Learn to recognize the signs and symptoms of child abuse;
- Learn the good habits of life adopted to prevent child abuse;
- Learn the actions of expected interventions near a child victim of abuse;
- Learn the good habits of life adopted to prevent good hygiene;
- Learn good prevention techniques during first aid.

### **2.2.2.2 Module 10 – Pathogens infection prevention**

Specific objectives :

- Learn the various functions of microbes;
- Learn to recognize the differences between viruses and bacteria;
- Learn to identify different types of transmissions;
- Know the different risk factors that can lead to an infection;
- Learn the different actions that can prevent infections;
- Know the different types of existing immunizations;
- Learn the procedures to follow when accidentally touching certain body fluids.



### 2.2.3 ANAPHYLAXIS

#### *2.2.3.1 Module 11 – Anaphylactic reactions*

Specific objectives :

- Learn the goals of the training;
- Know the roles of the speaker;
- Learn the definition of anaphylaxis;
- Learn to recognize the different allergens;
- Learn to recognize the different signs and symptoms of an allergic reaction;
- Learn the different physiological reactions following an allergic reaction;
- Know the effects of epinephrine;
- Learn good injection techniques for epinephrine;
- Learn the clinical intervention protocol in order to be able to inject epinephrine;
- Know the operation of auto-injectors;
- Reduce the candidate's stress in the event of a possible use of the auto-injector;
- Know the different risks related to auto-injectors.

#### *2.2.3.2 Module 12 – Anaphylaxis sequence of actions*

Specific objectives :

- To learn the good techniques of intervention in the face of a victim suffering from an allergic reaction of anaphylactic type;
- To control a complete intervention against a victim suffering from an allergic reaction of the anaphylactic type.

### 2.2.4 MEDICAL FIRST AID

#### *2.2.4.1 Module 13 – Medical first aid part 1*

Specific objectives :

- Recognize signs and symptoms of altered state of consciousness;
- Learn good intervention techniques for a victim with impaired consciousness;
- Recognize the signs and symptoms of seizures;
- Learn the right intervention techniques for a victim with seizures
- Recognize the signs and symptoms of a victim (infant or child) with febrile seizures;
- Learn good intervention techniques for a victim with febrile seizures;



- Recognize the signs and symptoms of difficulty breathing;
- Learn good intervention techniques for a victim with respiratory difficulty;
- Recognize the signs and symptoms of nosebleeds;
- Learn good intervention techniques for a victim with a nosebleed;
- Recognize the signs and symptoms of a diabetic problem;
- Learn good intervention techniques for a victim with a diabetic problem.

#### **2.2.4.2      *Module 14 – Environmental medical first aid***

Specific objectives :

- Recognize the signs and symptoms of heat stroke;
- Learn good intervention techniques for a victim with heat stroke;
- Recognize the signs and symptoms of muscle cramps;
- Learn good intervention techniques for a victim with muscle cramps;
- Recognize the signs and symptoms of hypothermia;
- Learn good intervention techniques for a victim with hypothermia.

#### **2.2.4.3      *Module 15 – Medical first aid poisoning***

Specific objectives :

- Recognize the signs and symptoms of occupational intoxication;
- Learn good intervention techniques for a victim of occupational intoxication;
- Recognize the signs and symptoms of willful intoxication;
- Learn good intervention techniques for a victim with deliberate intoxication;
- Recognize the signs and symptoms of involuntary intoxication;
- Learn good intervention techniques for a victim with involuntary poisoning.

### **2.2.5   TRAUMATIC FIRST AID**

#### **2.2.5.1 *Module 16 – Approach to trauma and primary survey***

Specific objectives :

- Recognize the dangers of an emergency;
- Learn the theorems of cervical and spinal immobilization;
- Learn the primary assessment technique of a traumatized victim;
- Learn the management of vital functions (A, B, C).



### **2.2.5.2**      *Module 17 – Traumatic first aid part 1*

Specific objectives :

- Recognize the signs and symptoms of eye injuries;
- Learn good intervention techniques for a victim with eye injuries;
- Recognize the signs and symptoms of burns;
- Learn good intervention techniques for a victim with burns;
- Recognize the signs and symptoms of shock;
- Learn the right intervention techniques for a victim with shock;
- Recognize the signs and symptoms of frostbite;
- Learn good intervention techniques for a victim with frostbite;
- Recognize the signs and symptoms of bleeding;
- Learn good intervention techniques for a victim with bleeding.

### **2.2.5.3**      *Module 18 – Traumatic first aid musculoskeletal*

Specific objectives :

- Recognize the signs and symptoms of trauma to the extremities;
- Learn good intervention techniques for a victim with trauma to the extremities;
- Recognize the signs and symptoms of a complex wound;
- Learn good intervention techniques for a victim with complex wounds;
- Recognize signs and symptoms of trauma to the head and spine;
- Learn good intervention techniques for a victim with trauma to the head and spine.

### **2.2.5.4**      *Module 19 – Traumatic first aid common among children*

Specific objectives :

- Recognize the signs and symptoms of an ear injury;
- Learn good intervention techniques for a victim with ear injuries;
- Recognize the signs and symptoms of a baby with shaken baby syndrome;
- Learn the right intervention techniques for a baby with shaken baby syndrome;
- Recognize the signs and symptoms of a bite;
- Learn good intervention techniques for a victim with bites;
- Recognize the signs and symptoms of a splinter;
- Learn good intervention techniques for a victim with splinters;
- Recognize the signs and symptoms of a bite;



- Learn good intervention techniques for a bitten victim;
- Recognize the signs and symptoms of strangulation;
- Learn the right intervention techniques for a strangled victim
- Recognize the signs and symptoms of drowning;
- To learn the good techniques of intervention in front of a drowned victim.

## 3 EVALUATION AND RESULTS

### 3.1 LIST OF SUMMARY EVALUATIONS AND FORMATIVE EVALUATIONS

CPR (CARDIO-RESPIRATORY RESUSCITATION) AND CRT (CHOKING RELIEF TECHNIQUE)		
TITLE	WORK MODE	WEIGHTING
Evaluation 1 – Introduction	Individual online	6.6%
Evaluation 2 – Approach and primary examination	Individual online	6.6%
Evaluation 3 – Chest massage	Individual online	6.6%
Evaluation 4 – Ventilations	Individual online	6.6%
Evaluation 5 – Defibrillation	Individual online	6.6%
Evaluation 6 – Some special cases	Individual online	6.6%
Demonstrations and practices with 1 first-aid attendant	Individual online	N/A
Evaluation 7 – Choking relief technique among adults / children	Individual online	6.6%
Evaluation 8 – Choking relief among infants	Individual online	6.6%



### PREVENTION

TITLE	WORK MODE	WEIGHTING
Evaluation 9 – General prevention	Individual online	6.6%
Evaluation 10 – Pathogens infection prevention	Individual online	6.6%

### ANAPHYLAXIS

TITLE	WORK MODE	WEIGHTING
Evaluation 11 – Anaphylactic reaction	Individual online	6.6%
Anaphylaxis sequence of actions	Individual online	N/A
Evaluation 12 – Responding to anaphylaxis	Individual online	6.6%

### MEDICAL FIRST AID

TITLE	WORK MODE	WEIGHTING
Evaluation 13 – Medical first aid part 1	Individual online	6.6%
Evaluation 14 – Environmental medical first aid	Individual online	6.6%
Evaluation 15 – Medical first aid poisoning	Individual online	6.6%

### TRAUMATIC FIRST AID

TITLE	WORK MODE	WEIGHTING
Traumatic first aid part 1 practice	Individual online	N/A
Traumatic musculoskeletal first aid practice	Individual online	N/A
Traumatic first aid common among children practice	Individual online	N/A



## 3.2 DETAILED INFORMATION ON SUMMATIVE EVALUATIONS

### 3.2.1 CPR (CARDIO-RESPIRATORY RESUSCITATION) AND CRT (CHOKING RELIEF TECHNIQUE)

#### *3.2.1.1 Evaluation 1 – Introduction*

Delivery date :	You have a maximum of 10 chances
Work mode :	Individual online
Weighting :	6.6%
Evaluation delay :	You have one hour to complete the exam
Evaluation guideline :	You will be assessed using a multiple choice exam. The questionnaire will confirm that the candidate masters the theories present in the introduction section.

Criteria for evaluating the questionnaire of the introduction :  
The pass mark is set at 80%

#### *3.2.1.2 Evaluation 2 – Approach and primary examination*

Delivery date :	You have a maximum of 10 chances
Work mode :	Individual online
Weighting :	6.6%
Evaluation delay :	You have one hour to complete the exam
Evaluation guideline :	You will be assessed using a multiple choice exam. The questionnaire will confirm that the candidate masters the theories present in the approach and primary examination section.

Criteria for evaluating the questionnaire of the introduction :  
The pass mark is set at 80%



### *3.2.1.3 Evaluation 3 – Chest massage*

Delivery date :	You have a maximum of 10 chances
Work mode :	Individual online
Weighting :	6.6%
Evaluation delay :	You have one hour to complete the exam
Evaluation guideline :	You will be assessed using a multiple choice exam. The questionnaire will confirm that the candidate masters the theories present in the chest massage section.

Criteria for evaluating the questionnaire of the introduction :  
The pass mark is set at 80%

### *3.2.1.4 Evaluation 4 – Ventilations*

Delivery date :	You have a maximum of 10 chances
Work mode :	Individual online
Weighting :	6.6%
Evaluation delay :	You have one hour to complete the exam
Evaluation guideline :	You will be assessed using a multiple choice exam. The questionnaire will confirm that the candidate masters the theories present in the ventilations section.

Criteria for evaluating the questionnaire of the introduction :  
The pass mark is set at 80%

### *3.2.1.5 Evaluation 5 – Defibrillation*

Delivery date :	You have a maximum of 10 chances
Work mode :	Individual online
Weighting :	6.6%
Evaluation delay :	You have one hour to complete the exam



Evaluation guideline : You will be assessed using a multiple choice exam. The questionnaire will confirm that the candidate masters the theories present in the defibrillation section.

Criteria for evaluating the questionnaire of the introduction :  
The pass mark is set at 80%

### *3.2.1.6 Evaluation 6 – Some special cases*

Delivery date : You have a maximum of 10 chances

Work mode : Individual online

Weighting : 6.6%

Evaluation delay : You have one hour to complete the exam

Evaluation guideline : You will be assessed using a multiple choice exam. The questionnaire will confirm that the candidate masters the theories present in some special cases section.

Criteria for evaluating the questionnaire of the introduction :  
The pass mark is set at 80%

### *3.2.1.7 Practice of the sequence with 1 first-aid attendant*

Delivery date : You have a maximum of 10 weeks to complete this section

Work mode : Individual online

Weighting : N/A

Evaluation delay : You have all the time you want to complete this section. (a minimum of fifteen (15) minutes per section is required).

Evaluation guideline : You will master different interventions against different types of victims, with 1 first-aid attendant.

Criteria for evaluating the questionnaire of the introduction :  
No minimum pass mark is required. The candidate can resume this



section as long as he feels the need to master the concepts perfectly.

### **3.2.1.8**      *Evaluation 7 – Choking relief technique among adult / children*

Delivery date :	You have a maximum of 10 chances
Work mode :	Individual online
Weighting :	6.6%
Evaluation delay :	You have one hour to complete the exam
Evaluation guideline :	You will be assessed using a multiple choice exam. The questionnaire will confirm that the candidate masters the theories present in the choking relief technique among adult / children section.

Criteria for evaluating the questionnaire of the introduction :  
The pass mark is set at 80%

### **3.2.1.9** *Evaluation 8 – Choking relief technique among infants*

Delivery date :	You have a maximum of 10 chances
Work mode :	Individual online
Weighting :	6.6%
Evaluation delay :	You have one hour to complete the exam
Evaluation guideline :	You will be assessed using a multiple choice exam. The questionnaire will confirm that the candidate masters the theories present in the choking relief technique among infants' section.

Criteria for evaluating the questionnaire of the introduction :  
The pass mark is set at 80%



### **3.2.2 PREVENTION**

#### **3.2.2.1 Evaluation 9 – General prevention**

Delivery date :	You have a maximum of 10 chances
Work mode :	Individual online
Weighting :	6.6%
Evaluation delay :	You have one hour to complete the exam
Evaluation guideline :	You will be assessed using a multiple choice exam. The questionnaire will confirm that the candidate masters the theories present in the general prevention section.

Criteria for evaluating the questionnaire of the introduction :  
The pass mark is set at 80%

#### **3.2.2.2 Evaluation 10 – Pathogens infection prevention**

Delivery date :	You have a maximum of 10 chances
Work mode :	Individual online
Weighting :	6.6%
Evaluation delay :	You have one hour to complete the exam
Evaluation guideline :	You will be assessed using a multiple choice exam. The questionnaire will confirm that the candidate masters the theories present in the pathogen's infection prevention section.

Criteria for evaluating the questionnaire of the introduction :  
The pass mark is set at 80%

### **3.2.3 ANAPHYLAXIS**

#### **3.2.3.1 Evaluation 11 – Anaphylactic reaction**

Delivery date :	You have a maximum of 10 chances
Work mode :	Individual online



Weighting :	6.6%
Evaluation delay :	You have one hour to complete the exam
Evaluation guideline :	You will be assessed using a multiple choice exam. The questionnaire will confirm that the candidate masters the theories present in the anaphylactic reaction section.
Criteria for evaluating the questionnaire of the introduction :	The pass mark is set at 80%

### **3.2.3.2**      *Anaphylaxis sequence of actions*

Delivery date :	You have a maximum of 10 weeks to complete this section
Work mode :	Individual online
Weighting :	N/A
Evaluation delay :	You have all the time you want to complete this section.
Evaluation guideline :	You will master an intervention against a victim (a child) in anaphylactic-type allergic reaction, with 1 first-aid attendant.
Criteria for evaluating the questionnaire of the introduction :	No minimum pass mark is required. The candidate can resume this section as long as he feels the need to master the concepts perfectly.

### **3.2.3.3**      *Evaluation 12 – Responding to anaphylaxis*

Delivery date :	You have a maximum of 10 chances
Work mode :	Individual online
Weighting :	6.6%
Evaluation delay :	You have one hour to complete the exam
Evaluation guideline :	You will be assessed using a multiple choice exam. The questionnaire will confirm that the candidate masters



the theories present in the responding to anaphylaxis section.

Criteria for evaluating the questionnaire of the introduction :

The pass mark is set at 80%

### **3.2.4 MEDICAL FIRST AID**

#### **3.2.4.1 Evaluation 13 – Medical first aid part 1**

Delivery date : You have a maximum of 10 chances

Work mode : Individual online

Weighting : 6.6%

Evaluation delay : You have one hour to complete the exam

Evaluation guideline : You will be assessed using a multiple choice exam. The questionnaire will confirm that the candidate masters the theories present in the medical first aid part 1 section.

Criteria for evaluating the questionnaire of the introduction :

The pass mark is set at 80%

#### **3.2.4.2 Evaluation 14 – Environmental medical first aid**

Delivery date : You have a maximum of 10 chances

Work mode : Individual online

Weighting : 6.6%

Evaluation delay : You have one hour to complete the exam

Evaluation guideline : You will be assessed using a multiple choice exam. The questionnaire will confirm that the candidate masters the theories present in the environmental medical first aid section.

Criteria for evaluating the questionnaire of the introduction :

The pass mark is set at 80%





### **3.2.4.3**      *Evaluation 15 – Medical first aid poisoning*

Delivery date :	You have a maximum of 10 chances
Work mode :	Individual online
Weighting :	6.6%
Evaluation delay :	You have one hour to complete the exam
Evaluation guideline :	You will be assessed using a multiple choice exam. The questionnaire will confirm that the candidate masters the theories present in the medical first aid poisoning section.

Criteria for evaluating the questionnaire of the introduction :  
The pass mark is set at 80%

## **3.2.5**    TRAUMATIC FIRST AID

### **3.2.5.1** *Traumatic first aid part 1 practice*

Delivery date :	You have a maximum of 10 weeks to complete this section
Work mode :	Individual online
Weighting :	N/A
Evaluation delay :	You have all the time you want to complete this section (a minimum of ten (10) minutes is required).
Evaluation guideline :	You will master an intervention against a victim in a situation of trauma (external haemorrhage), with 1 first-aid attendant.

Criteria for evaluating the questionnaire of the introduction :  
No minimum pass mark is required. The candidate can resume this section as long as he feels the need to master the concepts perfectly.

### **3.2.5.2**      *Traumatic musculoskeletal first aid practice*

Delivery date :	You have a maximum of 10 weeks to complete this section
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Work mode :	Individual online
Weighting :	N/A
Evaluation delay :	You have all the time you want to complete this section (a minimum of ten (10) minutes is required).
Evaluation guideline :	You will master an intervention against a victim in a situation of trauma (trauma to the extremities), with 1 first-aid attendant.
Criteria for evaluating the questionnaire of the introduction :	No minimum pass mark is required. The candidate can resume this section as long as he feels the need to master the concepts perfectly.

### **3.2.5.3**      *Traumatic first aid common among children practice*

Delivery date :	You have a maximum of 10 weeks to complete this section
Work mode :	Individual online
Weighting :	N/A
Evaluation delay :	You have all the time you want to complete this section (a minimum of ten (10) minutes is required).
Evaluation guideline :	You will master an intervention against a victim (a child) in a traumatic situation (superficial bites), with 1 first-aid attendant.
Criteria for evaluating the questionnaire of the introduction :	No minimum pass mark is required. The candidate can resume this section as long as he feels the need to master the concepts perfectly.

### 3.3 GRADING SCALE

COTE	% MINIMUM	% MAXIMUM
A+	93	100
A	90	92.99
A-	87	89.99
B+	84	86.99
B	81	83.99
B-	78	80.99
C+	75	77.99
C	71	74.99
C-	68	70.99
D+	65	67.99
D	60	64.99
E	0	69.99

### 3.4 DEADLINES MANAGEMENT

Following the purchase of your training(s), you have a reasonable 10 weeks to complete your training. An inactivity of the account for more than 10 weeks results from a temporary suspension of the candidate's account. In order to reactivate your account, it is the candidate duty to enter in communication with the Saint-Bernard Academy to reactivate his account and giving back his access to the purchased formation(s).

### 3.5 STUDENTS WITH DISABILITIES, LEARNING DISABILITIES OR MENTAL DISORDERS

Applicants with disabilities can inform the Saint-Bernard Academy at the beginning of their training so that accommodation measures can be set up by the Academy as an extension of the deadline.



### 3.6 PORTABLE COMPUTER AND SOFTWARE REQUIREMENT

Applicants must have a computer compatible with the computer environment of the Saint-Bernard Academy to participate in training. Minimum software requirements for compatibility with the Saint-Bernard Academy :

Operating system :

- Windows 8.1, 8, 7 or Vista or later.

Navigator :

- Internet Explorer 8.0 or later;
- Google Chrome;
- Firefox 3.5 or later;
- Safari 5 or later.

### 3.7 THE SAINT-BERNARD ACADEMY EVALUATION

A summative evaluation of the training can be conducted during the training. This evaluation will be confidential and only consulted by the Saint-Bernard Academy to determine if the pedagogical formula is correct and if some adjustments are necessary before the end of your training. Following your training, the Saint-Bernard Academy can conduct an evaluation of the training to verify if the pedagogical formula was appreciated. Please note that this evaluation is confidential. On the website of the Saint-Bernard Academy, a hypertext link is available so that you can share your comments:

[info@academiesb.com](mailto:info@academiesb.com)



## 4 DIDACTIC MATERIAL

No teaching material is required to complete the training.

## 5 MEDIAGRAPHY AND ANNEX

You will find on the website of the Saint-Bernard Academy various links allowing you to deepen your knowledge in first aid:

<https://academiesb.com/en/bibliography/>