



CPR Health care provider

1 LIST OF CONTENTS AND ACTIVITIES

CPR (CARDIO-RESPIRATORY RESUSCITATION) AND CRT (CHOKING RELIEF TECHNIQUE)	
Title of the lesson	Duration (in min.)
MODULE 1 – INTRODUCTION	30
EVALUATION 1 – INTRODUCTION	10
MODULE 2 – APPROACH AND PRIMARY EXAMINATION	21
EVALUATION 2 – APPROACH AND PRIMARY EXAMINATION	10
MODULE 3 – CHEST MASSAGE	27
EVALUATION 3 – CHEST MASSAGE	8
MODULE 4 – VENTILATIONS	18
EVALUATION 4 – VENTILATIONS	10
MODULE 5 – DEFIBRILLATION	9
EVALUATION 5 – DEFIBRILLATION	8
MODULE 6 – SOME SPECIAL CASES	3
EVALUATION 6 – SOME SPECIAL CASES	5
MODULE 7 – DEMONSTRATIONS AND PRACTICES	60
MODULE 8 – CHOKING RELIEF TECHNIQUE	9
EVALUATION 7 - CHOKING RELIEF TECHNIQUE ADULTS/CHILDREN	8
EVALUATION 8 - CHOKING RELIEF TECHNIQUE AMONG INFANTS	4
TOTAL MINUTES OF TRAINING	(240)
4 BREAKS PERIODS RECOMMENDED	(60)

IMPORTANT :

Take note that the duration of lessons can differ from one candidate to another due to the ability of the reader to integrate the various theorems and contents taught.